

Chickasaw City Schools Wellness and Vending Machine Policy

The Chickasaw City School System is committed to providing school environments that promote and protect children's health, well-being, and ability to learn by supporting healthy eating and physical activity. Therefore, it is the policy of the Chickasaw City Schools that:

- The school district will engage students, teachers, parents, food service professionals, health professionals and other interested community members in developing, implementing, monitoring, and reviewing district-wide nutrition and physical activity policies.
- All students in grades K-12 will have opportunities, support, and encouragement to be physically active on a regular basis.
- Foods and beverages sold or served at school will meet the nutrition recommendations of the U.S. Dietary Guidelines for Americans and the restrictions as implemented by the Alabama state board of education.
- Qualified child nutrition professionals will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students; will accommodate the religious, ethnic, and cultural diversity of the student body in meal planning; and will provide clean, safe, and pleasant settings and adequate time for students to eat.
- All schools in the district will participate in the federal school program including the School Breakfast program, National School Lunch Program, after-school snacks, and Summer Food Service Program/ Seamless Summer Option, if available.
- All foods made available on campus will adhere to food safety and security guidelines. The Child Nutrition Program staff members will follow the USDA required HACCP-Based (Hazard, Analysis Critical Control Point), Safety and Security Plans for all foods received, stored, prepared, and served at school.
- Schools will provide nutrition education and physical education to foster lifelong habits of healthy eating and physical activity and will establish linkages between health education and school meal programs, with related community services.